



A history of experience

West Park opened in 1904 as a tuberculosis sanitarium and became one of the largest facilities in Canada devoted to the most advanced cases of the disease. With the development of new TB treatments, we were able to apply our exemplary care to more healthcare issues.

Today, West Park is a regional adult rehabilitation centre, a provider of complex continuing care and long-term care services. Our specialized skills and expertise in meeting complex physical rehabilitation needs are internationally recognized.

You can help

Donations to the West Park Healthcare Centre Foundation support research and the purchase of equipment not covered by provincial funding.

To add your support, contact the Foundation office at 416-243-3698 or foundation@westpark.org.



Rehabilitation options after you are discharged

West Park Healthcare Centre also offers all discharged patients, including amputation patients, access to acupuncture, chiropody and orthotics, chiropractic, massage, occupational therapy, physiotherapy, warm-pool therapy/aquafit and other services at the West Park Rehab Plus rehabilitation and wellness clinic.

To find out more, call Rehab Plus at 416-243-3778 or visit westparkrehabplus.com.

TRANSPORTATION

TTC: (416) 393-4636

Wheel Trans Customer Service: (416) 393-4111

Wheel Trans Reservations: (416) 393-4222



82 Buttonwood Avenue, Toronto, Ontario M6M 2J5
tel 416.243.3600 fax 416.243.8947
www.westpark.org



Amputation

Rehabilitation and prosthetic fitting after amputation



Amputation

The impact of losing a limb can be devastating. Not just physically, but psychologically and socially as well. You've come to West Park because your medical condition is stable and you are ready to begin rehabilitation and move forward.

How West Park can help

West Park houses the largest in-patient amputee service in Canada with staff dedicated and trained to look after your special needs. We are also the only adult amputee rehabilitation program in the Greater Toronto Area with an on-site prosthetic facility. That means we can monitor and adjust prosthetics daily, if needed. The Amputee Rehabilitation Service helps patients who have lost a limb adjust to their amputation and begin their recovery to achieve their full physical, psychological and social potential.



West Park Amputee Rehabilitation Services

Working with you on the road to recovery

Our patients

Depending on your condition and personal needs, you attend our program on an out-patient basis (coming for appointments while living at your own home) or as an in-patient.

What to expect

We will work with you to develop an individual treatment and therapy program specifically for you and your circumstances.

Because you will be staying and training with people in similar circumstances, you'll have the advantage of social support, motivation and networking with peers.

You and your family will be provided with information on community resources, medications, foot care, diabetes and coping strategies. Family members are essential partners in the rehabilitation process and are included in conferences, including twice-weekly rounds with team members, when they can ask questions on an informal basis.

Going home

How long you stay at West Park depends on your health, readiness for fitting with a prosthetic and your personal goals.

As your mobility and independence improves, you'll go home for visits to build up confidence and to see if there are any potential problems that need to be addressed. For most patients this involves going home each weekend.

Because the goal is to regain mobility and independence and return to the community, the discharge planning process begins shortly after you

arrive. Planning may include an assessment of your home and how you'll be able to move around and carry out your daily activities safely with a prosthesis or wheelchair. Together, we'll look at what equipment you might need and what community services are available. You will be expected to purchase necessary equipment before discharge.

Patients who are not healed sufficiently to allow a prosthetic fitting are usually sent home with community supports while healing continues.

Follow up

An appointment will be arranged for you to return to the Prosthetics and Orthotics Service for maintenance of your device. Your progress will also be monitored by a physiatrist, physiotherapist and a prosthetist.

Cost of devices

The Ontario Ministry of Health and Long-Term Care's Assistive Devices Program (ADP) covers a portion of the cost of most prosthetics and orthotics. Patients are responsible for payment of any costs not covered. The costs can be considerable. Our service care co-ordinators and funding support assistant can help identify other funding sources if needed.

