



A history of experience

West Park opened in 1904 as a tuberculosis sanitarium and became one of the largest facilities in Canada devoted to the most advanced cases of the disease. With the development of new TB treatments, we were able to apply our exemplary care to more healthcare issues.

Today, West Park is a regional adult rehabilitation centre, a provider of complex continuing care and long-term care services. Our specialized skills and expertise in meeting complex physical rehabilitation needs are internationally recognized.

You can help

Donations to the West Park Healthcare Centre Foundation support research and the purchase of equipment not covered by provincial funding.

To add your support, contact the Foundation office at 416-243-3698 or foundation@westpark.org.



Other rehabilitation options available to you

West Park Healthcare Centre also offers patients access to acupuncture, chiropody and orthotics, chiropractic, cold laser, massage, occupational therapy, physiotherapy, warm-pool therapy/aquafit and other services at the West Park Rehab Plus rehabilitation and wellness clinic.

To find out more, call Rehab Plus at 416-243-3778 or visit westparkrehabplus.com.

TRANSPORTATION

TTC: (416) 393-4636

Wheel Trans Customer Service: (416) 393-4111

Wheel Trans Reservations: (416) 393-4222



82 Buttonwood Ave. Toronto, Ontario M6M 2J5
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Acquired Brain Injury Adult Day Program



Acquired Brain Injury

An acquired brain injury is damage to the brain that has occurred after birth and is not related to a congenital disorder, a developmental disability or a process which progressively damages the brain. It could be the result of an accident, an illness or other occurrence.

West Park serves clients with moderate to severe brain injuries in its Adult Day Program. You have come to the ABI Adult Day Program because you are at a point in your recovery where you are medically stable and ready to move forward

How West Park can help

The Acquired Brain Injury Adult Day Program helps clients enhance their strengths and learn new skills with the goal of living more independently.

The program is funded by the Toronto Central Local Health Integration Network (LHIN).

COTA Health, an accredited provider of mental health and community support services, is a key partner, providing program development and case management services.



Acquired Brain Injury – Adult Day Program

The team will assess each patient's rehabilitation potential and help them reach those goals

Our Clients

West Park's Acquired Brain Injury (ABI) – Adult Day Program provides support for adults who are at least 18 years or older who have moderate to severe ABI. Our clients must be medically stable and have a family physician. They are either living in or preparing to return to the community. We support individuals with challenging behaviour and/or physical disabilities.

About the program

Program activities at our wheelchair-accessible facility support participants' goals, enhance their strengths and enable them to learn new skills. Much of the program focuses on recreational activities, social support, and skills training. Group sessions address challenges for clients and their families.

Caregiver support

The program also provides caregiver support, including ongoing communication with staff, and education on managing behaviours. In addition, West Park has available one respite bed for client overnight stays in order to give caregivers time off. Clients may stay one to two nights with support from ABI Day Program and ABI inpatient staff.

Schedule

The ABI Adult Day Program runs Monday to Friday from 10:00 a.m. to 2:30 p.m. Each client may attend one or two days each week for about six months. Participants bring their own lunch and the program provides light snacks.

Next steps

During the program, a case manager meets with each participant and their family, to help them connect to other community programs before they leave West Park.

How to join us

Any client, caregiver or professional can make a referral to the ABI Adult Day Program through the Toronto ABI Network.

Phone: 416-597-3057
Fax: 416-597-7021
E-mail: info@abinetwork.ca
Internet: www.abinetwork.ca

(Click on the “application for service” link and select the ABI Client Community Profile)

Getting here

The ABI Adult Day Program is located at West Park Healthcare Centre, 82 Buttonwood Avenue in Toronto.

West Park provides wheelchair accessible transportation to and from the client's home for two days a week in the area bordered by Yonge Street, Highway 401, Islington Avenue, and Lake Ontario. The Program also welcomes clients outside these boundaries who have their own transportation.

Costs

The cost of the program is covered for clients with a valid Ontario Health Insurance Plan (OHIP) card issued by the Ministry of Health and Long Term Care.