

Notable Quotable

“National parks are the best idea we ever had. Absolutely American, absolutely democratic, they reflect us at our best rather than our worst.”

~ Wallace Stegner, author and environmentalist



July Horoscopes and Birthdays

In astrology, those born July 1–22 are Cancer’s Crabs. Crabs like to retreat into their “shells” and enjoy spending time at home. They nurture deep relationships and become loyal friends. Those born July 23–31 are Leo’s Lions. These “kings of the savanna” are natural-born leaders, full of creativity, confidence, and charisma. Leos use their generosity and sense of humor to unite different groups into a common cause.

Carl Lewis – July 1, 1961
Thurgood Marshall – July 2, 1908
Frida Kahlo – July 6, 1907
Satchel Paige – July 7, 1906
Tom Hanks – July 9, 1956
Arthur Ashe – July 10, 1943
Henry David Thoreau – July 12, 1817
Harrison Ford – July 13, 1942
Regina Belle – July 17, 1963
Carlos Santana – July 20, 1947
Ernest Hemingway – July 21, 1899
Amelia Earhart – July 24, 1897
Vivica A. Fox – July 30, 1964

The Chunky Monkeys Come To Perform

The Chunky Monkeys came to entertain our residents our on our patio courtyard and balconies. A local police officer and his three daughters approached our home to sing their cover rock songs. You can find them busking around the local areas raising money for charity with their sweet angelic voices and great stage performance. Our residents were rocking and rolling along to the tunes.



Thank You To Our Students

Over the last few months we have been transitioning and opening our doors to student placements.

You will notice many of our blue scrub graduate psw and nursing students that have been gaining lots of experience and skills here in the home. We have been very fortunate with many of them bringing in extra support, new bonds with our resident and

coming back for community placements in the recreation department.

We are looking forward to having them come and join our team in the future as graduated scholars.

Thank you to all of the students who have been working hard and caring for our residents.

West Park LTC

July 2021

Celebrating July

Anti-Boredom Month

World Watercolor Month

Canada Day July 1

Resident Council Meetings On Summer Break

Independence Day (U.S.) July 4

Family Council Meetings On Summer Break

“Wrong Way” Corrigan Day July 17

Day of the Cowboy July 24

World Ranger Day July 31

NEWSLETTER
For Residents, Staff and Visitors

Happy Canada Day

On June 20th 1868, a proclamation signed by the Governor General, Lord Monck, called upon all Her Majesty's loving subjects throughout Canada to join in the celebration of the anniversary of the formation of the union of the British North America provinces in a federation under the name of Canada on July 1st 1867.

The July 1st holiday was established by statute in 1879, under the name **Dominion Day**.

There is little or no record of any organised ceremonies after this first anniversary, except for the naming of new buildings on the 50th and 60th anniversaries.

Since 1958, the government has arranged for an annual observance of Canada's national day with the Secretary of State of Canada in charge of the coordination. The format provided for a Trooping the Colours ceremony on the lawn of Parliament Hill in the afternoon, a sunset ceremony in the evening followed by a mass band concert and fireworks display. The format changed in 1968 with the addition of multicultural and professional concerts.

In 1980, a new formula was developed whereby the federal government sponsored the development of local celebrations all across Canada.

"Seed money" was distributed to promote popular and amateur activities organized by volunteer groups in hundreds of local communities. The same approach was also followed for the 1981 celebrations with the addition of fireworks displays in 15 major cities across the nation.

On October 27th 1982, July 1st which was known as "Dominion Day" became "Canada Day".

Since 1985, Committees have been established in each province and territory to plan, organize and coordinate the Canada Day celebrations locally. Grants are provided by the Department to those committees.

Happy Canada Day to all of our residents, staff and families this year.

Prime Minister Of Canada Cards



The text of the Rosetta Stone advertises the legitimacy and goodness of the young King Ptolemy V.

Did you know you can request a greeting for a special occasion from Prime Minister Justin Trudeau?

Upon request, the Prime Minister sends congratulatory certificates to Canadians celebrating milestone birthdays, wedding anniversaries, and anniversaries of life together.

For **birthdays**, congratulatory certificates are available for:

65th birthdays and up at 5-year intervals (e.g. 70th, 75th, 80th, etc.)

100th birthdays and up (e.g. 100th, 101st, 102nd, etc.)

For **anniversaries**, congratulatory certificates are available for:

25th anniversaries and up at 5-year intervals (e.g. 30th, 35th, 40th, etc.)



Mini golf has a professional league with its own U.S. Open and Masters tournaments.

Don't Forget To Apply For Your Rate Reeducation!

Residents or their designated finance trustees must provide us with a completed rate reduction application form along with their 2020 NOA (Notice Of Assessment) prior to July 1, 2021.

The only guideline is that you have to be a Canadian citizen to receive a congratulatory certificate from the Prime Minister. So congratulations West Park LTC residents that means you!

To ensure on-time delivery, we ask that you submit your request at least six weeks before the event date. Fill out an application online through: <https://pm.gc.ca/en/connect/greetings>



If you have missed this deadline please speak with our office manager Andrea Reid located on the third floor in the administrative offices.

Thank you

Resident And Family Council Corner



The sky looks blue because throughout the day, blue light is scattered more intensely to our eyes than other colors.

Its that time again for Residents Council and Family Council to take a break and enjoy the summer weather. There will be no meetings held for July or August 2021. Meetings will begin again in September so look out on your orientation and information boards for when the fall meetings will start up again.

We have been posting Resident Council meeting minutes and information on each units memo boards close to the nursing stations. If you would like a copy or one printed in larger font please ask your recreation staff and they will be happy to assist you. There is always a copy as well on our Resident Council board in the community

Vendors

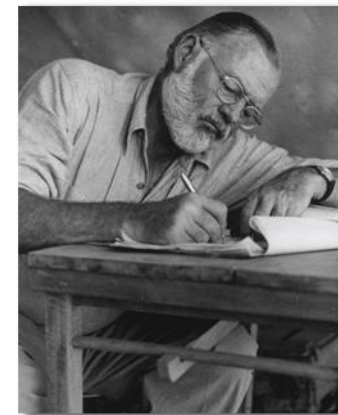
Hello families,

As you are aware, we have many vendors who provide health services contracted to West Park Long-Term Care including but not limited to, Eye Contact (optometry), Mobile Hearing Services (audiology), Golden Care Dental (dental), and Rehab Plus (chiroprody and massage). These vendors come right into the home and provide direct services to our residents, your loved ones. While the resident/ POA always has the option to receive these services elsewhere, our vendors provide excellent and quality care through their services in a way that is convenient and safe for yourselves and the resident.

hall.

You will notice that we have a few new board members for Resident Council. We were happy to have the addition of two new volunteers to take over our floor representative positions. These positions will allow for residents on the floor to have access on each home area unit if they need to bring something up to the council throughout the month. If you want to bring new project ideas to the table or can't make a meeting speak with one of your representatives. Name badges have been created so that you can see who your floor reps are.

Some of these vendors offer initial assessments/ exams which are covered by OHIP and if a product is required (i.e., new glasses/ dentures/ hearing aids/ orthopedics) the financial responsible party would purchase (or not) any item/ service recommend/required. We ask that in future you consider that the expectation in using our vendors is that if you choose to have the initial assessments/ services set up with them that you purchase any item/ services that is recommended/ required directly though them as well. We thank you for your cooperation and understanding as our partners in care.



Hemingway's house in Key West features a urinal from Sloppy Joe's that he converted into a fountain.