

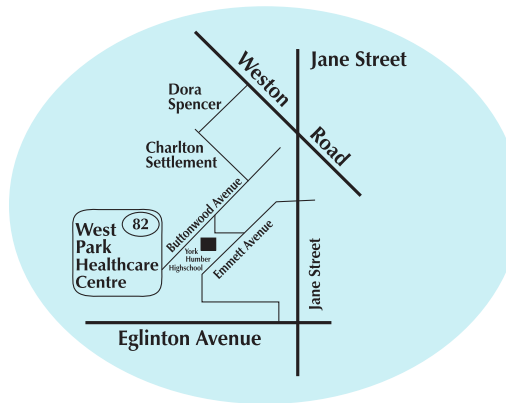
- In-patients unable to return to an independent lifestyle upon completion of the program and who are awaiting placement in a facility that provides an appropriate level of care will be charged a daily chronic care copayment set by the Ministry of Health and Long-Term Care. (The copayment is subject to change; a 30-day notice of increases will be provided).

Large Print text of this brochure is available from Public Relations.



The Canadian Council on Health Services Accreditation (CCHSA) is a non-profit, non-government organization that helps health service organizations across Canada examine and improve the quality of the care and services they provide to their clients. Health service organizations are assessed against national standards every three years. Accreditation is consumers' assurance of quality care.

Other Things You Should Know



For Information, Directions:

(416) 243-3600, ext. 2980

Foundation (for charitable donations):

(416) 243-3698

Visiting Hours: 11:00 am – 9:00 pm daily

On-site services:

Chaplaincy: 9:00 am – 5:00 pm daily,
(416) 243-3600, ext. 2168

Hairdressing/ Barber Shop: Appointments made by calling
(416) 614-9494, ext. 119

Gift Shop: 10:00 am – 3:00 pm daily,
(416) 243-3600, ext. 2230

Library Services: 1:00 – 3:00 pm

TTC: (416) 393-4636

Wheel Trans Customer Service: (416) 393-4111

Wheel Trans Reservations: (416) 393-4222



82 Buttonwood Avenue
Toronto, ON
Phone: 416-243-3600
Fax: 416-243-8947
www.westpark.org



Respiratory Rehabilitation Service

Out-patient care for people with chronic lung disease

What is the Respiratory Rehabilitation Service?

- West Park Healthcare Centre's Respiratory Rehabilitation Service is designed to help patients with chronic lung disease improve or increase their ability to live independently in the community.
- Respiratory Rehabilitation is available for people who are unable to take advantage of West Park's out-patient Day Hospital services.

Who are our patients?

- Patients of West Park's Respiratory Rehabilitation Service are:
 - ~ individuals 18 years of age and older who have the potential to improve their health and independence;
 - ~ non-smokers (for at least three months prior to admission);
 - ~ physically and mentally stable (in order to fully participate in an exercise program); and
 - ~ able to return to living in the community upon completion of the program.

What do we provide?

- Patients receive assistance to achieve as much independence as possible, based on personal goals established prior to and during the hospital stay.
- The service features a supervised exercise program that focuses on cardiovascular fitness; upper and lower limb strength;

endurance training; energy conservation; relaxation training, breathing control and coping techniques.

- The service's team of health professionals teach patients about their disease and their medications, as well as how to plan and cope with day-today activities and independent living in the community.
- A discharge summary will be sent to the patient's family physician and referring physician.

Who provides these services?

- Our Respiratory Rehabilitation Service team of health care professionals includes care co-ordinators; nurses; occupational therapists; physicians; physiotherapists; pulmonary function/sleep lab technologists; respiratory care practitioners; a social worker and research personnel and students.
- Additionally, West Park has a variety of other professional staff available, including a chaplain; chiroprapist; dietitian; dentist; medical consultants (based on individual needs; for example, a urologist, optometrist, etc.); pharmacist and a recreation therapist.

How long is the program?

- The length of the program depends on an individual patient's needs and how well he/she responds to personal goals.
- The average length of stay is six weeks.

What happens upon discharge from West Park?

- Upon discharge, patients will continue to be monitored through follow-up clinics on an out-patient basis.

How do you access this service?

- For information about accessing the Respiratory Rehabilitation Service, please call the Admitting department at West Park Healthcare Centre at (416) 243-3632.

What is the cost of this service?

- The cost of medical and professional care in standard ward accommodation (where four people share one room) is covered for patients with a valid Ontario Health Insurance Plan (OHIP) card issued by the provincial Ministry of Health and Long-Term Care.
- Additional fees are charged for semiprivate (two people share one room) and private (one person per room) accommodation; details are available from West Park's Financial Services department at (416) 243-3600, ext. 2077.