

What is the cost of this service?

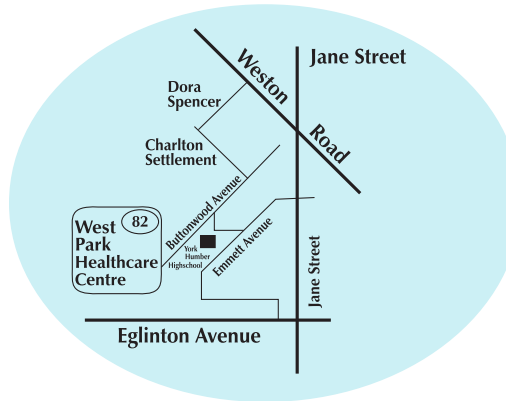
- The cost of medical and professional care in standard ward accommodation (where four people share one room) is covered for patients with a valid Health Card issued by the provincial Ministry of Health and Long-Term Care.
- Additional fees are charged for semi-private (two people share one room) and private (one person per room) accommodation; details are available from West Park's Financial Services Department at (416) 243-3600, ext. 2077.

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The Canadian Council on Health Services Accreditation (CCHSA) is a non-profit, non-government organization that helps health service organizations across Canada examine and improve the quality of the care and services they provide to their clients. Health service organizations are assessed against national standards every three years. Accreditation is consumers' assurance of quality care.

Other Things You Should Know



For Information, Directions:

(416) 243-3600, ext. 2980

Foundation (for charitable donations):

(416) 243-3698

Visiting Hours: 11:00 am – 9:00 pm daily

On-site services:

Chaplaincy: 9:00 am – 5:00 pm daily,
(416) 243-3600, ext. 2168

**Hairdressing/
Barber Shop:** Appointments made by calling
(416) 614-9494, ext. 119

Gift Shop: 10:00 am – 3:00 pm daily,
(416) 243-3600, ext. 2230

Library Services: 1:00 – 3:00 pm

TTC: (416) 393-4636

Wheel Trans Customer Service: (416) 393-4111

Wheel Trans Reservations: (416) 393-4222



82 Buttonwood Avenue
Toronto, ON M6M 2J5
Phone: 416-243-3600
Fax: 416-243-8947
www.westpark.org



Musculoskeletal Rehabilitation Service

Help for those with bone, muscle and joint problems

What is the Musculoskeletal Rehabilitation Service?

- West Park Healthcare Centre's Musculoskeletal (MSK) Rehabilitation Service provides expertise and education to patients with complex MSK rehabilitation needs to enable them to achieve their full physical, psychological and social potential.
- An individual patient assessment by a West Park psychiatrist determines whether rehabilitation should be provided through in-patient admission or on an out-patient basis.

Who are our patients?

- Patients of West Park's Musculoskeletal Rehabilitation Service are adults (18 years of age and older) with complex MSK needs resulting from various musculoskeletal impairments, such as complex hip and knee arthroplasties, arthroplasty revisions, extensive trauma to the MSK system, or non-surgical conditions like systemic lupus erythematosus, rheumatoid arthritis, etc.

What do we provide?

- A treatment program developed by a team of health care professionals in conjunction with the patient.
- Information and education on a variety of topics, including family adjustment, community resources, medications, etcetera, are provided by members of the team for patients and family members.
- Family members are essential partners in the rehabilitation process. The service's care co-ordinator will arrange family conferences with team members as required. (Families are encouraged to appoint a spokesperson responsible for keeping the family informed about a patient's progress.)
- The MSK Rehabilitation Service is a training site for residents in physical medicine and rehabilitation (physiatry) and for students in physiotherapy, occupational therapy, nursing and other health professions. Service staff work with their academic partners to support MSK research.

Who provides these services?

- Our MSK Rehabilitation Service team of health care professionals includes care co-ordinators, nurses, occupational therapists, a physiatrist, an attending physician, physiotherapists, and rehabilitation assistants.
- In-patients also have access to a dietitian, pharmacist, recreation therapy services and social worker.

How long is the program?

- The length of the Musculoskeletal Rehabilitation program, whether provided on an in-patient or out-patient basis, depends on a number of factors, including personal health, ability to tolerate rehabilitation and personal goals.
- The average length of stay for in-patients is 28 days.
- As independence and mobility improves, patients will make home visits prior to discharge from the MSK Rehabilitation Service, to determine both their level of confidence and potential problems.

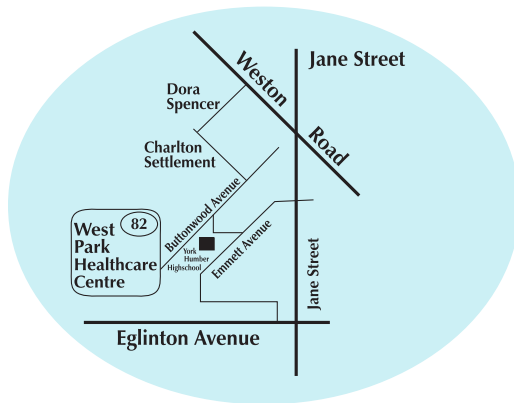
What happens upon discharge from West Park?

- Patients who require further therapy upon discharge may be referred to out-patient services. The physician, the treatment team and the patient will make this decision.

How do you access this service?

- For information about accessing the Musculoskeletal Rehabilitation Service, please call the Admitting department at West Park Healthcare Centre at (416) 243-3632.

Other Things You Should Know



Seniors Mental Health

Phone: (416) 243-3732
Fax: (416) 243-3735

For Information, Directions:

(416) 243-3600, ext. 2980

Foundation (for charitable donations):

(416) 243-3698



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Seniors Mental Health Service

*Offering help to
seniors and their
families*

What is the Seniors Mental Health Service?

- West Park Healthcare Centre's Seniors Mental Health Service provides in-home assessments of seniors living in Etobicoke, York and North York (west of Yonge Street) within the City of Toronto.

Who are our clients?

- The clients of West Park's Seniors Mental Health Service are adults (usually 60 years of age and older) who:
 - show signs of memory loss;
 - display significant changes in mood or behaviour;
 - have difficulty managing safely due to changes in their mental function.
- The service is also helpful for caregivers experiencing stress while caring for a relative and who would like information about local community services and long-term care facilities.

What services do we provide?

- A one-and-a-half-hour assessment is conducted in the client's place of residence.
- Families are encouraged to attend this assessment.
- Based on this assessment, written recommendations for interventions to address the client's mental health problem are forwarded to the client's family physician.
- The service provides practical advice and information regarding how best to provide care for an older individual dealing with a mental health issue.
- The service also provides formal education (lecture series and workshops) to care providers in the community.
- The service refers clients to other community agencies and organizations (when necessary) based on identified needs.

Who provides the assessment?

- The assessment is conducted by mental health professionals, such as social workers and nurses, who have many years of experience helping seniors and their families.

How do you access this service?

- For information about accessing the Seniors Mental Health Service, please call (416) 243-3732.
- Referrals can be made by clients themselves, family members, physicians or other service providers in the community.
- A mental health consultant will respond to referrals within two to three working days.

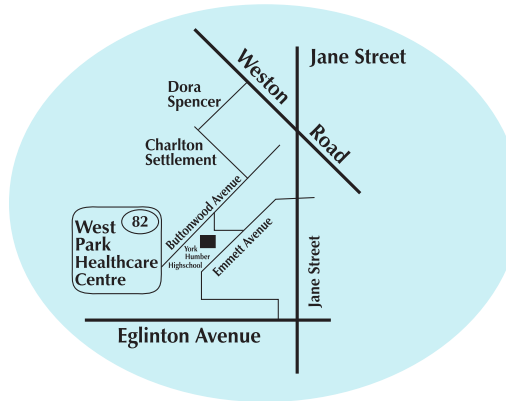
What is the cost of this service?

- The service is provided at no cost to seniors.

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- The Ontario Ministry of Health and Long-Term Care's Assistive Devices Program (ADP) covers a significant portion of the cost of most manufactured limbs and orthopaedic braces. The patient is responsible for payment of any costs **not** covered by ADP.

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Amputee Rehabilitation Service

Developing the amputee's full potential

What is the Amputee Rehabilitation Service?

- West Park Healthcare Centre's Amputee Rehabilitation Service provides expertise and education for amputees to assist them to adjust to their amputation and achieve their full physical, psychological and social potential.
- An individual patient assessment determines whether the service should be provided through in-patient admission or on an outpatient basis.

Who are our patients?

- Patients of West Park's Amputee Rehabilitation Service are adults (18 years of age and older) with an upper or lower limb amputation.

What do we provide?

- An individualized treatment and therapy program developed by a team of health care professionals.
- Information on family adjustment, community resources, medications, foot care, diabetes, etcetera, is provided to patients and family members by members of the service team.
- Family members are essential partners in the rehabilitation process and the service care coordinator will arrange family conferences with team members as required. (Families are encouraged to appoint a spokesperson responsible for keeping the family informed about a patient's progress.)

- The service also features on-site prosthetic services, so that all artificial limbs and braces are custom-designed and made at West Park.

Who provides these services?

- Our Amputee Rehabilitation Service team of health care professionals includes care co-ordinators, a funding assistant, nurses, occupational therapists, physicians, physiotherapists, prosthetists and rehabilitation assistants.
- Additionally, West Park has a variety of professional staff available on a consultation basis, including a chaplain, dietitian, recreation therapist and a social worker.

How long is the program?

- The length of the Amputee In-patient Rehabilitation program depends on a number of factors, including your personal health, readiness for fitting with a prosthesis and personal goals. The average length of stay is 28 days.
- In-patients begin planning to return home upon admission to West Park. This planning includes a team assessment of the accessibility of a patient's home, equipment needs and community services available.
- As patients' independence and mobility improves, they will make home visits to encourage their level of confidence and identify potential problems prior to discharge.

What happens upon discharge from West Park?

- Upon discharge, patients may require equipment (wheelchairs/walkers) to assist them with mobility. The cost of the purchase or rental of this equipment is the responsibility of the patient.
- Patients are given an appointment to return to the Prosthetics and Orthotics Service after discharge.
- Patients will continue to be seen and monitored until they are ready for a permanent prosthesis.
- Staff of West Park's Prosthetics and Orthotics Service will provide regular maintenance for a prosthesis.

How do you access this service?

- For information about the Amputee Rehabilitation Service, please call the Admitting Department at West Park Healthcare Centre at (416) 243-3632.

What is the cost of this service?

- The cost of medical and professional care in standard ward accommodation (where four people share one room) is covered for patients with a valid Health Card issued by the provincial Ministry of Health and Long-Term Care.
- Additional fees are charged for semiprivate (two people share one room) and private (one person per room) accommodation; details are available from West Park's Financial Services department at (416) 243-3600, ext. 2077.